



What you need

Materials

1 skein (90 yds) *Lion Cashmere Blend* yarn, 72% merino wool/14% cashmere/14% nylon, colorway 149 (charcoal). Debbie Bliss' *Cashmerino Aran* is a good substitute.

4 double-pointed needles, US #8

Three stitch markers

Yarn needle to sew in ends

Gauge

4.5 stitches/inch in stockinette stitch

Dimensions

6.5 inches long, will stretch to fit around most adult female wrists

Pattern notes

You might see a loose-looking stitch when you join the top of the thumb-hole together. When you bind off, you can use the yarn tail to neaten this if you wish.

Designer

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This pattern is "Worthware": if you like it, pay what you think it's worth to the designer's PayPal account:

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A Little Twist Wristwarmers by Wendi Dunlap

Ribbed wristwarmers are wonderful, but perhaps a bit plain. These wristwarmers are a variant on the standard ribbed style, with narrow twisted cables. If you've never done any cabling before, this is a great first cable project; the cables are incredibly easy.

Definitions: *c2f*: Slip one stitch onto cable needle (cn) and let it hang in front of the work. Knit the next stitch (k1). Then knit the stitch that is on the cable needle (k1 from cn).

m1: Make one stitch. I used a lifted increase.

Starting: Cast on 32 stitches using the long tail method or any stretchy method you prefer, and divide on 3 double pointed needles, 12, 10, and 10 sts respectively.

Join and place marker.

Round 1: *p2, k2, repeat from * to end of round (the last two stitches should be k2). This is a 2x2 rib pattern.

Round 2: *p2, k2, repeat from * to end of round (same as previous round).

Round 3 (Cable round): *p2, c2f, repeat from * to end of round.

Round 4: *p2, k2, repeat from * to end of round (same as previous round).

Repeat this 4 round pattern 5 times, and for the first 3 rounds of the 6th repeat. (Through Round 23, that is.)

Round 24: p2, k2, p1, place marker, m1, place marker, p1, k2, *p2, k2, repeat from * to end of round.

Now the fabric will be about 3 1/2 inches long. It's time to begin the thumb gusset.

Round 25: p2, k2, p1, slip marker (sm), m1, k1, m1, sm, p1, k2, *p2, k2, repeat from * to end of round.

Round 26: p2, k2, p1, sm, k3, sm, p1, k2, *p2, k2, repeat from * to end of round.

Round 27 (Cable round): p2, c2f, p1, slip marker (sm), m1, k3, m1, sm, p1, c2f, *p2, c2f, repeat from * to end of round.

Round 28: p2, k2, p1, sm, k5, sm, p1, k2, *p2, k2, repeat from * to end of round.

Continue to repeat this 4 round pattern, but increasing by two stitches in every odd round, until you have 13 stitches between the markers. This will happen on round 35. On the next round:

Round 36: p2, k2, p1, remove marker, bind off 13 sts, remove marker, p1, k2, *p2, k2, repeat from * to end of round.

Round 37: p2, k2, p1, p1 (the stitch after the bound-off stitches), k2, *p2, k2, repeat from * to end of round.

Round 38 : *p2, k2, repeat from * to end of round (same as previous round)

Round 39 (Cable round):
*p2, c2f, repeat from * to end of round.

Round 40 : *p2, k2, repeat from * to end of round (same as previous round).

Repeat the four-round pattern (as in Rounds 1-4) one more time. You should have 44 total rounds.

Bind off loosely in p2k2 ribbing pattern.

